

THE MEDICAL PRACTICE AT 48 WIMPOLE STREET

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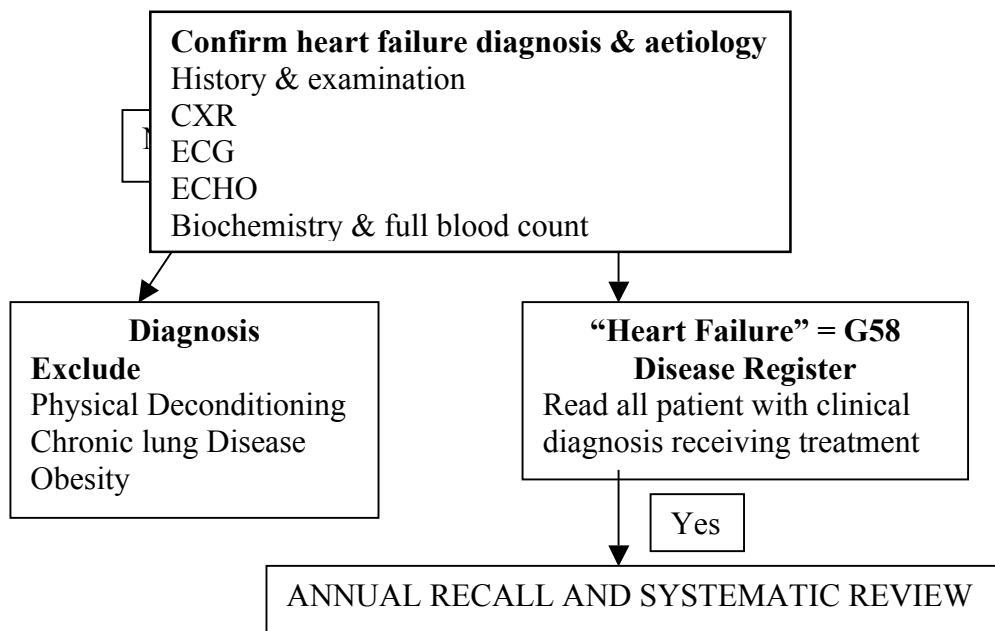
PRACTICE GUIDELINES FOR MANAGEMENT OF HEART FAILURE

This guide has been based upon the NICE guideline 5 'Chronic heart failure' July 2003

Aim of guideline

- To identify all patients with heart failure and offer advice and treatment as necessary
- To help people with chronic heart failure to live longer and achieve a better quality of life by offering treatment and advice as required.

DIAGNOSIS



Drug Treatment

ACE Inhibitors

Loop Diuretic – for signs of sodium & water retention

Additional Drug Therapy to ACE & diuretic

Beta Blockers – low dose

Spironolactone

Digoxin

Cautions

Discontinue aggravating drugs NSAIDS, most Ca Channel Blockers

Additional Therapy

Immunisation

Offer pneumococcal immunisation and annual influenza

Non-Drug Treatment

Patient Education

Including diagnosis and cause of HF and prognosis

Advice

Exercise conditioning

Reduce salt and alcohol intake, if applicable

Patient to weigh daily at same time each time each day

When to seek medical advice

- Deteriorating symptoms including increased breathlessness, oedema

NB

If cause of heart failure is due to CHDS also follow Secondary Prevention guidelines