

THE MEDICAL PRACTICE AT 48 WIMPOLE STREET

48 WIMPOLE STREET LONDON W1G 8SF

TEL: 020 7935 4357 • 020 7486 7876

FAX: 020 7224 0625

wimpole48@btconnect.com

Practice Guidelines for referral of patients with breast problems

Based on the guidelines for referral of patients with breast problems, 2nd Edition, NHS Cancer Screening programmes 2003.

Urgent referrals:

- Discrete lump in appropriate age group
- Ulceration
- Skin nodule
- Skin distortion

Mr. Gerald Gui, Head of Diagnostic Breast Unit, Royal Marsden Hospital, Fulham Road, London SW3 6JJ, Tel: (020) 7487 5558 (appointments available within 24 hours)

Conditions that require referral to a specialist surgeon:

- Lump
 - any new discrete lump
 - new lump in pre-existing nodularity
 - assymetrical nodularity that persists at review after menstruation
 - abscess
 - cyst persistently refilling or recurrent cyst
- Pain
 - if associated with lump
 - intractable pain not responding to reassurance, simple measures such as wearing well-supporting bra, and common drugs
 - unilateral persistent pain in post-menopausal women
- Nipple discharge
 - women under 50 with:
 - bilateral discharge sufficient to stain clothes
 - bloodstained discharge
 - persistent single duct discharge
 - all women aged over 50 and over
- Nipple retraction or distortion, nipple eczema
- Change in skin contour
- Family history
 - request for assessment by a woman with a strong family history of breast cancer